

Date	Mass times week beginning 5th March, 2022
Saturday 5th	10am Rosary and Adoration (confessions from 10-10:30) 4:30pm Mass : 1st Sunday in Lent: Int: Catherine Harvey RIP
Sunday 6th	09:30am Mass: 1st Sunday in Lent: Int : Parish
Tuesday 8th	12pm Mass: St. John of God: Int: Ray Thomas RIP
Wednesday 9th	12pm Mass: St. Frances of Rome: Int: Susan Kennedy RIP
Friday 11th	12pm Mass: Friday of the first week in Lent: Int: Jan (sick) 6:30pm: Stations of the Cross
Saturday 12th	10am Rosary, (confessions from 10-10:30) 4:30pm Mass: 2nd Sunday in Lent :Int: Parish
Sunday 13th	09:30am Mass: 2nd Sunday in Lent . Int: Ian Mawdsley– Thanksgiving 80th birthday
<b><u>Last weeks'</u></b> <b><u>Offering</u></b> <b>Plate: £502.28</b> <b>Gift Aid: £229.00</b> <b>Thank you all for your generosity!</b> We encourage you to join the gift aid scheme if you are able please contact: <b>01492860546</b>	<b>Parish Contact persons</b> <b>Parish Priest:</b> Fr Innocent Abonyi MSP: 01492 860546 <b>Parish Sister:</b> Sr Jennifer: 01492 877778 (M) 07710416876 <b>Sacristan:</b> Catherine Stones <b>Secretary:</b> Kelly Williams: Email: priestllandudno@rcdwxm.org.uk <b>Stella Maris:</b> Bernadette & Ryan Tel. 01492 878431. stellamarisllandudno@gmail.com <b>Safeguarding:</b> Mike Hendry 01492549973

## 1st Sunday in Lent

**DIOCESE OF WREXHAM:** Registered Charity Number 700426  
**Our Lady Star of the Sea R.C Church,** 35, Lloyd Street, Llandudno,  
LL30 2YA



### Mark 14:53-62

They led Jesus off to the high priest; and all the chief priests and the elders and the scribes assembled there. Peter had followed him at a distance, right into the high priest's palace, and was sitting with the attendants warming himself at the fire. The chief priests and the whole Sanhedrin were looking for evidence against Jesus in order to have him executed. But they could not find any. Several, indeed, brought false witness against him, but their evidence was conflicting. Some stood up and submitted this false evidence against him, 'We heard him say, "I am going to destroy this Temple made by human hands, and in three days build another, not made by human hands." But even on this point their evidence was conflicting. The high priest then rose before the whole assembly and put this question to Jesus, 'Have you no answer to that? What is this evidence these men are bringing against you?' But he was silent and made no answer at all. The high priest put a second question to him saying, 'Are you the Christ, the Son of the Blessed One?' 'I am,' said Jesus, 'and you will see the Son of man seated at the right hand of the Power and coming with the clouds of heaven.'

#### This Sunday's readings

First reading: Deuteronomy 26:4-10

Responsorial Psalm 90(91):1-2,10-15

Second reading: Romans 10:8-13

Gospel acclamation: Praise to you, O Christ, king of eternal glory! Man does not live on bread alone, but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory!

Gospel: Luke 4:1-13

<b>Rosary and Adoration every Saturday at 10am, confessions during Come along especially now, during Lent</b>	<b>URGENT: We are in desperate need of new cleaning volunteers, please email office, see Cath in sacristy or Jane Barnes. Many thanks</b>
	If you prefer donating online our Bank details are as follows: <b>Name of account: Llandudno Catholic Church. Account number: 08157677 Sort code: 55-81-42</b>

### Praying the Most Holy Rosary: Brief guide

Lent is a time for renewing our prayer life, you could try to say the Rosary each day. If you are unsure as to how you can pray the Rosary, just see below the basic steps:

The steps to praying the Rosary are:

1. Make the Sign of the Cross and say the "Apostles' Creed"
2. Say the "Our Father"
3. Say three "Hail Marys" for Faith, Hope, and Charity
4. Say the "Glory Be"
5. Announce the First Mystery and then say the "Our Father"
6. Say ten "Hail Marys" while meditating on the Mystery (for example, the 2nd sorrowful mystery, the scourging at the pillar, think and reflect on the pain of our Lord as he was mercilessly scourged for our sins)
7. Say the "Glory Be" (*Optional: Say the "O My Jesus" prayer requested by Mary at Fatima*)
8. Announce the Next Mystery; then say the "Our Father" and repeat these steps (6 through 8) as you continue through the remaining Mysteries.
9. Say the closing prayers: the "Hail Holy Queen" and "Final Prayer"
10. Make the "Sign of the Cross"

The mysteries to mediate upon are as follows:

#### The Joyful Mysteries:

(Monday and Thursday; and the Sundays from 1st Sunday of Advent until Lent.)

1. The Annunciation to Mary
2. The Visitation of Mary
3. The Birth of our Lord Jesus Christ
4. The Presentation of the Child Jesus in the Temple
5. The Finding of Our Lord in the Temple

#### The Luminous mysteries:

1. Our Lord's baptism
2. The wedding feast at Cana
3. The proclamation of the kingdom
4. The Transfiguration
5. The institution of the Holy Eucharist

#### The Sorrowful Mysteries:

(Tuesday and Friday; and the Sundays of Lent.)

1. The Agony of Christ in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Our Lord on the Cross

#### Glorious Mysteries:

(Wednesday and Saturday; and the Sundays from Easter until Advent.)

1. The Resurrection of Our Lord
2. The Ascension of Our Lord
3. The Descent of the Holy Spirit upon the Apostles
4. The Assumption of the Blessed Virgin Mary into Heaven
5. The Coronation of Our Lady as Queen of Heaven and Earth

### Reflection, 1st Sunday in Lent

Fond as we are of our creature comforts, self-denial is not something that comes naturally to us, so no matter how fruitful our Lenten efforts may have been in previous years, the start of this Holy Season can often be marked by a modicum of dread.

As with every other aspect of life, however, the more we put into it, the more we will get out of it!

In this Sunday's Gospel, we see Jesus being 'led by the Spirit' into the desert after his Baptism in the Jordan. As God incarnate, he had no need of either Baptism or penance, but like us he had a battle to fight, and his adversary was none other than the devil, whose machinations are still very operative in our modern world, as we see only too clearly in what is happening today in the Ukraine. It's not fashionable to think too much about the devil these days, but ignoring him or failing to recognise him as the very personification of the evil in ourselves and in our world only serves to empower him. It desensitizes us to sin, and lulls our consciences to sleep.

Living in an age where life is lived at break-neck speed, and in which people have little time for anything other than material gain and worldly pleasures, never has it been more important for those of us who love God to take 'time out' to recharge our spiritual batteries, and to pray for those who are oblivious even to their need of our prayers. Jesus said, 'Wherever I am, my servant will be there too'. Lent is our opportunity to allow the Spirit to lead us with him into the desert of self-denial, where the weapons of prayer, fasting and alms-giving provide us with a powerful armoury against the assaults of the devil. Like Jesus, we too may feel weak and battle weary at times, but God himself continues to lead his people with

outstretched arm from the desert of sin to the paradise of Easter, where a land flowing with milk and honey awaits.

**Teas and coffee:** Please join Father Innocent after Mass on Sundays for a warm drink and a friendly chat and perhaps a nice slice of cake.

**1st Holy communion classes 2022:** Forms are available at the back of the Church, please register no later than 13th March, 2022, please bring any evidence along with form, more details to follow shortly.

**Notice:** On the 5<sup>th</sup> April, 2022, Bishop Peter has very kindly requested that he says a Lenten Station mass here in our Parish: The evening will begin with Adoration of the Blessed Sacrament and confessions from 5:30pm followed by Mass at 6pm, please make every effort to attend.

**Items for newsletter or Parish magazine:** priestlandudno@rcdwxm.org.uk, items for magazine welcome from all, children and adults alike.

**Stations of the Cross:** Each Friday in lent at 6:30pm .

**Confessions available on request or Saturdays from 10am - 10:30am**

**It is a Christian and wholesome charity for us to pray for our sick clergy and our brothers and sisters, and housebound. :** Fr Antony Jones, Fr Ian Dalgleish and Canon Bernard Lordan . Jennifer Congreve, Doreen Barker, Bob Lemon, Pat Wilcox, Janice Lockwood, Stephen O'Connell, Jim Kane, Shelagh Scraggs , Jennifer Hamlett, Olive McStay, Emmie Kelly, John Barron, Cora Roberts, Gavin Smith , Patrick McGlad, Kristina Adey-Davies , Christopher Rakestraw Eric Hibbert, Des Garth Jones, Amy Jones, Eira Dalzell , Teresa Kearns, Maria Spacome , Linda and Paul Blanchard